

Programs, Activities,  
Trips and Socials...

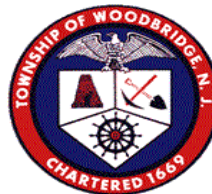
Something for  
everyone:

Billiards  
Bocce Ball  
Book Club  
Chair Yoga  
Computer Coaching  
Dance—Ballroom, Line,  
Country Line, Dance fitness,  
Zumba Gold  
Exercise Class  
Health Lectures  
Health Screenings  
Games—Bingo, Bridge, Cards,  
Mahjonn, Scrabble,  
Wii Bowling  
Monthly Trips  
Monthly Socials  
Movie Day  
Music Enrichment  
Painting Lab (Art)  
Puzzles  
Sewing  
Table Tennis



Evergreen Senior Center  
Dept. of Health & Human Services  
400 Inman Ave  
Colonia, NJ 07095  
Phone: (732)726-6261  
Email: evergreen@twp.woodbridge.nj.us

## EVERGREEN SENIOR CENTER



John E. McCormac, Mayor  
Dennis M. Green, Health Director

## EVERGREEN SENIOR CENTER



Ever Young at  
Evergreen Senior Center

Where the members are the  
**FRIENDLIEST, HEALTHIEST  
& HAPPIEST SENIORS**  
in all the U.S.A

400 Inman Ave.  
Colonia, NJ 07067  
(732) 726-6261



John E. McCormac, Mayor  
Dennis M. Green, Health Director

# Mission & Goals

## Our Mission is to

Empower older adults of Woodbridge Township by providing social, recreational, educational, and physical programs and activities that stimulate healthy living, create a sense of purpose and enhance their quality of life.

## Goals:

- ◆ Create recreational programs which will entertain and provide opportunities for socialization, cultivating friendships, and develop a sense of belonging
- ◆ Develop and create educational programs that stimulate an interest in new areas
- ◆ Develop and create activities and programs which facilitate self-expression, achievement, and recognition
- ◆ Provide opportunities for meaningful volunteer work and community service
- ◆ Develop a variety of programs for a diverse group of older adults including those with special needs
- ◆ Promote physical and emotional well being
- ◆ Create intergenerational programs that will give older adults the opportunity to make a positive difference in the future generation as well as change the status quo view of older adults (as helpless and dependent)
- ◆ Serve as the bridge for other services for those ages 60+
- ◆ Provide facts about aging to older adults in the community
- ◆ Serve as an information and referral center

## Fun & Friendships begin at Evergreen Senior Center



View past events at: [www.evergreenseniors.weebly.com](http://www.evergreenseniors.weebly.com)

Evergreen Senior Center is committed to serving the residents of Woodbridge Township who are 60 years and older.

## Membership Requirements:

- Resident of any of the 10 towns in Woodbridge Township (proof of address required)
- 60 years or older
- Complete membership registration form and sign code of conduct acknowledgement form

## Senior Center Hours:

8:30am to 4:30pm

Monday — Friday

## EVERGREEN SENIOR

## Important Phone Numbers:

**Evergreen Senior Center**

(732)726-6261

**Multi Service Program on Aging**

(732)726-6262

**Health Department**

(732)855-0600

**Municipal Building/Town Hall**

(732)634-4500

**MCAT (Transportation)**

(800)221-3520

**Access Link (Transportation)**

(800)995-2321

**Police (non-emergency)**

(732)634-7700